

## DAILY SCHEDULE

**MONDAY, APRIL 8-  
FRIDAY, APRIL 12**

10:00am - 12:00pm:  
Metaphysics 3  
Rev. Paul Hasselbeck

12:00pm-12:30pm  
Break\*

12:30pm-2:30pm  
Self-care  
Rev. Christina Lee

2:30pm-4:00pm  
Break\*

4:00pm-6:00pm  
Healing & Wholeness  
Rev. Paul Hasselbeck

6:00pm-7:00pm  
Dinner Break\*

7:00pm-9:00pm  
I of the Storm  
Rev. Cheryl Rohret

\*Coffee, tea & snacks provided  
Lunch & dinner on your own

## SEE WEEK AT SEATTLE UNITY APRIL 8-12, 2019

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personal & spiritual  
development  
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- Go deeper in understanding
- Connect more fully
- Enrich your spirituality

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# COURSES

## Metaphysics 3

Identify, investigate, analyze & use basic metaphysical tools for living & expressing your Divine Potential. Topics include: the four functions of consciousness, thoughts & feelings, the Word, denials & affirmations, creation & the Twelve Powers.

## Self-care

Learn how to apply practices in daily life to care for your mind, body & spirit. With guidelines, develop action plans around awareness, mindfulness, boundary setting, letting go, forgiveness & self-love. Includes time for reflection & interactive sharing.

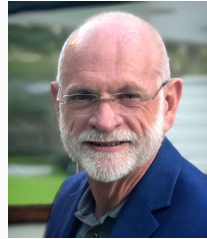
## Healing & Wholeness

Learn how to use universal spiritual principles to support healing & wholeness in your mind, body & spirit. Work with principles developed by Myrtle & Charles Fillmore, as well as other historical & contemporary spiritual master teachers.

## The I of the Storm

Embrace conflict & create peace in everyday life as you function from your heart center. Based on the book, *The I of the Storm* by Rev. Dr. Gary Simmons, learn a process that supports you daily in being calm & expressing peace in difficult situations.

# PRESENTERS



Rev Paul Hasselbeck was ordained as a Unity Minister in 1996. He served as Dean of Spiritual Education & Enrichment at Unity

Village 2004-2014 & currently serves as adjunct faculty for Unity Worldwide Spiritual Institute.

As a leading metaphysics authority, Paul played a major role in bringing Unity's metaphysics into the 21st century. He is the author of *Heart-Centered Metaphysics & Power-up!* *The Twelve Powers Revisited as Accelerated Abilities.*

Paul has a gift for making Unity teachings practical for daily life. With a genuine passion for clarity & precision, he guides his students in awakening awareness & deepening understanding.

Discover more about Paul's work at [www.paulhasselbeck.com](http://www.paulhasselbeck.com).



Rev. Cheryl Rohret served as minister of Unity Spiritual Life Center in Yakima, Washington from 2005-2018. She came to Unity originally

as a Presbyterian minister & was ordained as a Unity minister in 2010 through the Field Licensing Program of Unity Worldwide Ministries. Retired in 2018, she now serves as the Regional Representative for Unity's Northwest Region. She also offers leadership trainings as a Ministry Wellness Consultant & will soon be a Transitional Specialist for Unity Worldwide Ministries. She loves encouraging & inspiring others through storytelling & facilitating spiritual growth in Unity ministries.



Rev. Christina Lee was ordained in 2001 & served as minister at Mountaintop Unity & Unity in Action in Vancouver, B.C.

Christina served as a hospice chaplain at Providence Hospital of Seattle for six years & recently retired from her position as hospital chaplain at Highline Medical Center. Strong self-care is essential for working as a hospital chaplain & Christina brings this into her teaching, as well as other areas of her life.