

7th Annual Unity Multigenerational Camp

Sponsored by Unity Worldwide Ministries, Northwest Region

PLAY 7

Fun & relaxation

Insight & awareness

Community Connection

Spiritual Principles-in-Action

August 23-26, 2018

Cispus Learning Center

Located outside Randle, WA

Join us for the 7th and last Multigenerational Camp for ages 10 and up to play, grow and build friendships in the beautiful Gifford Pinchot National Forest outside Randle, Washington. Experiential education on the Cispus Challenge Course will help us put our spiritual awareness into action.



7th Annual Multigenerational Camp

Sponsored by Unity Worldwide Ministries Northwest Region

PLAY

For Fun... Insight... Friendship... using the Cispus Challenge course with our Spiritual Principles-In-Action

Here we are in our 7th year of a Multigenerational Camp for families, couples and individuals to play and grow together using experiential education through the elements of the Cispus Challenge Course, creative expression, friendship & spiritual practice within the beauty of the Guilford Pinchot National Forest outside Randle Washington.

August 23-26, 2018

At Cispus Learning Center

located 10 miles southeast of Randle, Washington in the Gifford Pinchot National Forest.

Address: 2142 Cispus Road, Randle, WA 98377.

Check-in begins @ 3pm on Thursday with

a meet & greet at 4pm in the Dining Hall, dinner at 5:30.

Opening ceremony begins at 6:30PM with further introductions and play.

Closing ceremony Sunday at 11 AM.

Costs – All inclusive for meals, snacks, Challenge Course & dorms.

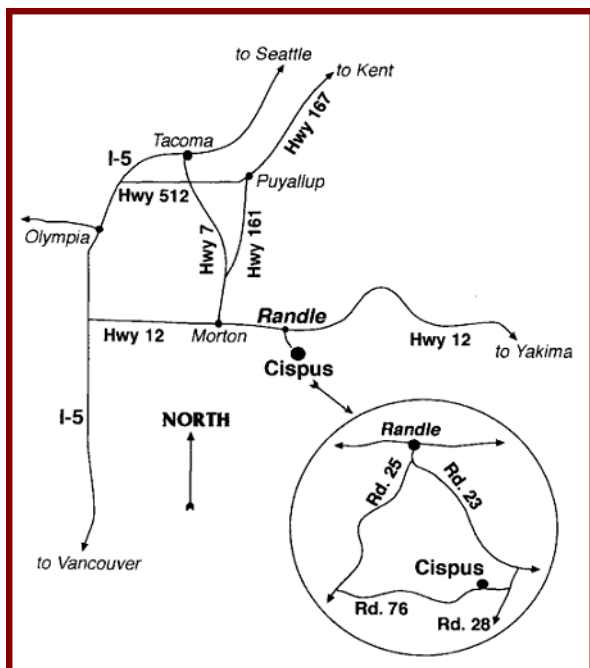
Each person supplies their bedding (sleeping bag or bed roll), pillow & infant-toddler supplies if nec.

All Ages = \$225.00

For further information contact Chris Castaldi @ cbchris.2010@gmail.com or 503.913.0898

Registration deadline is Aug 4. **Make checks out to NW Region, Association of Unity**

Send Registration & payment to Chris Castaldi 410 Monroe St, Oregon City, OR 97045



WHAT !?! This is the 7th Multigenerational Camps for Unity folks of all ages. The intention of this 4 day, 3 night Camp is to combine Unity Principles with fun, learning and the Challenge-by-Choice ropes Course of Cispus Learning Center.

The seed of this event was my own learning while playing on this course and the many parents and grandparents who picked up their Uniteens at the end of camp and asked “When can I come to camp?” And so I listened to that request and to my own heart and here we are.

To address any concerns about “a ropes course” your success is in showing up. No one has to get off the ground, teeter in fear or embrace a journey that they do not choose. There is power in a community culture mindfully created by trustworthy experiences and challenge by choice.

I hope you will come and play with us.

In Love & Service, Chris Castaldi, 503.913.0898 or cbchris.2010@gmail.com

Uniteen Consultant, NW Region, Association of Unity Churches

Send all registration pages and payment to: Chris Castaldi, 410 Monroe St, Oregon City, OR 97045

Checks to be made out to NW Region, Assoc of Unity

Please fill out all forms neatly so I can read and spell your name correctly! Thank you

WHAT IS A CHALLENGE COURSE?

The Challenge Course is a kind of outdoor laboratory where individuals and groups can experiment (play) with problem solving and risk taking in a controlled, safe environment. The variety of challenges available to the group allows the facilitator to select activities appropriate to the skill, maturity and physical ability of the group. The activities parallel the more complex challenges we all face in our lives at home, school, church and work. The challenges are designed to require group cooperation to accomplish them.

WHY A CHALLENGE COURSE?

Participating in a challenge course adventure may produce the following outcomes: improved communication skills, increased group cohesion, better awareness of group process, increased trust, successful goal setting, increased self confidence, improved physical fitness, and fun. By facing and overcoming challenges, some of which may at first seem insurmountable, group members gain confidence in their problem solving abilities. Individuals get a chance to look at what keeps them from seeing solutions to problems or participating fully. Learning from each experience can be applied to any life circumstance.

IS IT DANGEROUS?

Not really. Many people take one look at our materials and say something like; "I could never do that." In fact, most people are intimidated by the prospect of doing some of the activities involving heights. Fear of heights is a normal, natural part of most people's makeup. That is why the high element portion of the program is effective: it poses a real challenge. It is the other parts of the program, the building of group confidence, of overcoming seemingly insurmountable obstacles, the trust and security of being part of a group which supports the individual and shares the risk in some way, which enable most people to actually do these otherwise "unbelievable" activities.

I'M NOT "ATHLETIC." CAN I PARTICIPATE?

Athletic ability is not necessary to enjoy these activities which emphasize cooperation rather than competition. The successful completion of the challenges requires an atmosphere of emotional safety. No individual can be excluded or isolated by the group without resulting in failure to accomplish the goal. Through establishing and experiencing a culture of Trust and awareness of one's Divinity allows people with all levels of physical, emotional and spiritual ability to participate to their fullest.

IS IT STRENUOUS?

Most of the activities are not strenuous, nor aerobic. Our program works for people of all ages, sizes, and physical abilities. Our philosophy of "**Challenge by Choice**" plus the focus on inclusion at an individual's level of ability welcomes all who wish to experience personal growth through challenge.

WHAT ARE YOU TRYING TO ACCOMPLISH?

"When I play with people in a game, curriculum, skills, technical, corporate, or whatever workshop, I ask them to:

- * Cooperate — Try to make things work
- * Communicate — Talk about what's going on without fear of being put down
- * Trust — Physically and emotionally, without the worry of harm or embarrassment
- * Accept fun and challenge as a vehicle for personal growth
- * And Commit to all the above.

"(Doing these things goes) toward building a hands-on vehicle for personal and group happiness. If you and others are happy with the situation and one another, good things happen. So make them happen!"

Camp Registration – Please print legibly – page 1 of 5 (use empty back of page for further information)

Name of Primary Adult(s) _____ , _____

Name, age, gender of all _____ , _____

_____ , _____ , _____

Contact info –

Address _____

Street

city

state

zip code

Home phone number(s) _____

Email for info on future regional camps & retreats _____

Name & relation of parent/ guardian not at camp: _____

Emergency Contact Information: Name _____

Relationship _____

Phone numbers: H _____ Cell _____

Insurance Coverage Information: Group or Company name _____ ID # _____

Church affiliation: _____

All care of campers under the age of 18 are the responsibility of the onsite parent/guardian. In the event of an emergency involving minor, parent or guardian we require the following release to be signed and submitted with your application. When it may be deemed necessary, I authorize the calling of a doctor and/or providing of other necessary medical services and unless covered by insurance, agree to pay for same. I understand that reasonable measures will be taken to safeguard the health and safety of all people and that I will be notified as soon as possible in case of an emergency. I agree to indemnify and hold harmless the group leaders, or any other representative of the Church, or the Church itself, or the NW Region Association of Worldwide Unity responsible in the event of sickness or accident no matter how caused.

Signature of Parent/Guardian/Adult

_____ Date _____

All Youth under the age of 18 must be accompanied by parent or guardian- Print name of on-site sponsor/adult here

Please disclose any conditions or concerns present for all participants. Examples are current psychological, psychiatric treatments, medical conditions or limitations (cardiac history, asthma, severe allergy) It is a “Best Practice” for any camp to collect health information on all participants’ child or adult to be able to meet campers needs and obtain further health care when necessary. All information will be kept confidential and only disclosed to Health care providers as necessary. Please use the back of registration for further health history information.

NAME _____

asthma diabetes sleep disorder heart history ADD/ADHD seizure disorder recent illness or

hospitalization, further info _____

NAME _____

asthma diabetes sleep disorder heart history ADD/ADHD seizure disorder recent illness or

hospitalization, further info _____

NAME _____

asthma diabetes sleep disorder heart history ADD/ADHD seizure disorder recent illness or

hospitalization, further info _____

Date of Last tetanus shot (list each participant separately: Name/date _____,

Name/date _____ Name/date _____

Name/date _____ Name/date _____

PHOTO RELEASE

I _____, grant Northwest Region Unity Worldwide Ministries and persons acting for or through them, the right to use, reproduce, assign, and or distribute photographs, film, sound recordings of

PRINT *name of minor here*

for use in materials they may create. Date _____

Signature _____

(Guardians signature if under 18 years old)

This release is applicable for the 2016 Multigenerational camp.

CAMP CISPUS PARTICIPANT RELEASE OF LIABILITY FORM (required by Cispus Learning Center for facility use)

DISCLOSURE- The Challenge Course Programs offered at Multigenerational Camp at Cispus involve a variety of activities that often include warm-ups, games, group initiative problems, high and low challenge course elements and other physical adventure activities. The level of participation in the Challenge Course activity is at all times completely the individual's choice. Yet there is a risk which must be assumed by each participant that he or she may suffer an emotional or physical injury and disability.

RELEASE OF LIABILITY- I understand that parts of the Challenge Course program may be physically or emotionally demanding. I affirm that my health is good, and that I am not under physicians care for any undisclosed condition that might endanger my health or that of other participants. I recognize the inherent risk of injury or disability in Challenge Course activities. I understand that each participant must assume the risk of physical injury that could result from any of these activities.

DATE _____

PARENT OR LEGAL GUARDIAN SIGN FOR MINOR (s) & SELF

Minor please print _____

Minor please print _____

Minor please print _____

Over 18 Print Name _____

Over 18 Signature _____

Over 18 Print Name _____

Over 18 Signature _____

Over 18 Print Name _____

Over 18 Signature _____

List all persons attending here, parent sign for minors, participants over 18 sign for them selves

MULTIGENERATION CAMP *HEART* AGREEMENTS

- ☺ I will treat myself and all camp participants with respect.
- ☺ When necessary I will seek out other camp participants or staff to support my understanding of respect.
- ☺ I will respect the land and all environments with care and kindness.
- ☺ I am here to experience my Divinity, God's Grace within me and others.
- ☺ I will not have in my possession or use any mind altering substance, including but not limited to recreational or prescription drugs or alcohol. Camp is tobacco free.
- ☺ I will leave every area of Cispus the same or better than how I found it.
- ☺ I will listen to the sounds of nature and camp leaving all outside digital, electronic production devices off unless in my own personal space with ear phones.
- ☺ I arrive and leave all activities on time.
- ☺ I will only enter my assigned dorm unless in service of First Aid/Wellness.
- ☺ All camp activities will be G-rated in respect of our multigenerational community.
- ☺ Respect Lights Out & quiet time in the dorms
- ☺ Respect & honor yourself and others being open to friendship with all camp community members.

Because all members of our camp community deserve love, acceptance and to be treated with dignity and respect we will follow these Heart Agreements. I have read the above agreements and understand them. If I am unable to show the honor and respect as stated above I will be asked to leave the camp community. If asked, I will depart within four hours of said request. There is no financial refund for those breaking camp Heart Agreements.

Signature/date_____

All members attending as a family group please sign the Heart Agreement, use the margins.

DIETARY REQUESTS

Vegetarian ___ Number of members requesting: ___

No Dairy ___ Number of members requesting ___

Food Allergy ___

DORM REQUESTS

All Cispus dorms are single beds & bunk beds. There is a limited amount of space for single or double air mattresses and portable cribs.

Minors in male-only or female-only dorm need to be accompanied by an adult. In other words a minor cannot occupy a dorm without having a responsible adult also in the dorm. We have split the family dorm to accommodate families with youth 11-17.

Male only dorm ___ # of occupants ___

Female only dorm ___ # of occupants ___

Family dorm – mixed Gender ___ # of occupants ___

Bringing a Port-a-crib (floor space request only) _____

Please have **3 copies** of all registration pages. **Send 1 copy** with your payment, **bring 1 copy with you** to camp, keep **3rd copy for church** records.

Send all registration in by Aug 5 to Chris Castaldi @

410 Monroe St, Oregon City, OR 97045

Checks made out to **NW Region, Assoc of Unity Churches**

The following pages are for your information and camp readiness



Association of Washington School Principals owns and operates not one, but two full-time, outdoor education centers: Cispus in Randle and Chewelah Peak in Chewelah. These programs and facilities are operated through the Association's 501c3 non-profit foundation, the Washington School Principals' Education Foundation.

All meals are served family style and are similar to school lunches. Please indicate allergies and special needs on YOUR REGISTRATION FORM. Please specify an airborne or anaphylactic allergy. I have experienced Uniteens and counselors with allergies bring their flour & food substitutes and the staff graciously create a similar meal for their needs. They cook a decent vegetarian menu also. It's not fancy; its camp... There will be access to a refrigerator for those who need it. We highly recommend no food goes into dorms without a hard plastic tub...critters, we are in their home!

Packing List for Cispus

Sleeping bag or sheets and blankets

Pillow

Toiletry Items

Towel and washcloth

Toothbrush and toothpaste

Comb and/or brush

Soap in container

Shampoo

Clothing

Sweater or sweatshirt

Heavy jacket (seasonal)

Extra socks

Hat

Complete change of clothes

Sleepwear

Extra underwear

Rain gear (seasonal)

Waterproof shoes

Useful Items

Flashlight

Camera/film

Hand lotion

Watch

Hangers for closets

Lip balm

Tissue

Alarm clock

Insect repellent

Pen/pencil and journal if desired