

**Northwest Region Youth of Unity
RALLY 2019
at Cispus Learning Center near Randle WA
April 12 – 14
\$190**

“The Ripple Effect”

Y.O.U. Rally is a 3-day communion with Spirit. Daily activities include large group workshops, small group discussions, singing, meditation, dancing and prayer.

HOSTED BY: The Northwest Regional Youth of Unity Leadership Team

Jordan Little-Reece

Co-representative 18-19

Aidan Dona

Co-representative 18-19

Jackie Green Consultant

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Our Mission: to facilitate an open and loving space where people can explore their spirituality by cultivating self love and connection with the universe.

Eligibility age requirement to attend Rally: A Y.O.U.er must be at least 14 [or in ninth grade] and no more than 18 years [or a high school senior] *exceptions for regional and international officers.*

Attendees attend the entire weekend experience from beginning to end. They are active members of their YOU group who have demonstrated maturity, self-discipline & self-responsibility. Rally is for people who have a sincere desire to learn more about Truth & are willing and able to contribute by actively participating in Rally activities. It is recommended that those attending have attended at least 4 chapter meetings in the last 3 months.

ADULTS must send a copy of their background check with registration.

To Register send

- (1) List of attendees from your chapter
- (2) Medical/Liability Release Form for each person
- (3) Heart Agreement Form for each person
- (4) 1 check for chapter **@\$190 each person** (\$170 postmark by 3/28) *[If cancel \$40 retained]*

Send Registration to Jackie Green, 7710 E Beverly, Spokane Valley, WA 99212

For messages in an EMERGENCY, call 360-497-7131 person-to-person. (No cell phone service)

Arrive between 4-5 p.m. on Friday.

Depart after closing circle on Sunday. Sack lunches are provided for traveling.

Money to share a love offering on Sunday and for travel is suggested. No store exists on the grounds. Come supplied with personal items.

Housing is in one of three dorms. You will be assigned to one of four rooms in the dorm. On arrival check in at the registration office where you will receive your room assignment and instructions.

Assignments are random. In your dorm room and workshop family of 8-10, you will have an opportunity to learn about yourself and others and make lasting friendships.

Electronic devices: Phones should be put away to keep focus on the event unless for communicated accommodations (like someone tells a sponsor they need music to fall asleep) or its a time take pictures (like during free time or at the dance). Set phones on airplane mode to use for camera or clock or to rehearse for “spirit sharing”. Leaders may use them for meditation times. Electronics are not meant to take away from your personal spiritual experience, so be conscious of their use. [For exceptions or emergencies see Jackie / NW Y.O.U. Consultant]

“**Spirit Sharing**” registration forms may be submitted prior to rally. Bring your skirts, props, instruments, costumes and creative imaginations. The theme “spiritual ecology” is to be reflected in all the acts. Keep this in mind while choosing and preparing your part. Lyrics to all songs are needed prior to performing.

Forms are complete with required signatures on all forms. All participants, adult and teen, need their own signatures, plus staff witness AND minister. ALL Y.O.U.er’s, **even 18 or 19 year old seniors**, need parent or guardian signature. Three copies of the Medical/Liability Release Form are necessary. Keep one copy for your church /chapter. Carry one copy to and from Rally. Send one copy with the registration. Registration without this form will not be accepted. Forms are good for 1 year and expire each September 1st.

All scheduled activities are required attendance because every person and activity adds to the Rally experience. There will be free time on Saturday afternoon for alone time or to be with friends.

During free time miscellaneous recreation equipment is available. Stay in the boundaries.

Meals are served family style and are similar to public school lunches. The kitchen staff attempts to meet special dietary needs when asked in advance.

Bring: 1 Medical Release Form (your copy)	2 Sleeping bag
3 Towel/wash cloth	4 Personal care items
5 Clothing for warmth and dryness	6 Shoes for the dance
7 Props for “Spirit Sharing”	8 Love offering

Cost is \$190 (\$170 by 3/28) includes t-shirt, meals & lodging from Friday dinner 5 PM through Sunday sack lunch
Cancellation fee of \$40 will be retained to cover pre-Rally expenses.

Chapter sends 1 check or money order payable to Northwest Youth of Unity.

ADULTS SERVING AS SPONSORS ARE AT LEAST 25 YEARS OF AGE
(Adults serving as Junior Sponsors are 21- 24 years of age and may attend as assistants)

ADULTS RETREAT ROLE

PRIOR TO RETREAT:

***Read, discuss, and sign agreements**

*Promote a prayerful consciousness ready for spiritual study and enthusiastic participation. Discuss the purpose of Retreat, their feelings about attending, their expectations and what they can share. Stress the importance of prayer before and during Retreat.

*Become comfortable with touch (holding hands in a circle; non-threatening massage; touch exercises)

DURING RETREAT:

*See that all of your chapter Retreat assignments are completed

*Circulate and participate with youth in activities

*Meet and welcome new sponsors

*Remain on the grounds during weekend

*Lock automobiles securely

*Be aware of special needs such as discipline with a loving, firm, encouraging approach; emotional support; physical with setting up, etc.

*Report all disciplinary action to Consultant

*** If you are uncomfortable or questioning the choices or behaviors of YOUers or other adults consult with Jackie before saying anything to the individual. [Unless it is a clear and immediate violation of the heart agreements, such as leaving the camp boundaries.]**

IN DORM AREAS:

*Account in dorm room for all people by lights out and to put tranquility slip by the door

*Support teens in a sharing & cabin gathering time each evening

*See that health/medication needs are met (can send to health room)

*Provide nurturing and support to "Dorm-mates"

*Check dorms to see that all are out before scheduled events

*Check dorms during weekend (to confirm that only those that belong there are present)

*Promote the cleanup of the dorms on Sunday a.m.

Spirit Sharing Registration Form

For this event, we ask your performance reflects and relates to “spiritual ecology”. We encourage variety and individuality. Since this is a Unity event we ask that your performance have a spiritual intention.

Spirit share is not a contest or competition. All talents and skill levels are invited to share! We have chosen to place the emphasis and on SHARING rather than show.

Guidelines for Participation in Spirit Sharing

1. Y.O.U. event themes are intended to promote spiritual growth. Select something to share that is of an inspirational nature.
2. Each Y.O.U.er may perform [be on stage] ONE time [plus in one chapter skit]
3. Individual performance or Chapter Skit not to exceed three (3) minutes.
4. Lip-syncing not accepted.
5. Exposing the body in any way & suggestive body movements not accepted.
6. Ridicule of any ethnic group, race, or gender not accepted.
7. Supply own props, costume, musical accompaniment, either recorded or live.
8. Sponsor participation only in the following:
 - * support or participation in chapter skits
 - * support performance of YOUers (coaching, accompanist, etc.)
 - * review Participation Guidelines with each YOUer
 - * review, with YOUer, words of songs & content of performance to follow guidelines

[For clarification & interpretation of guidelines contact Jackie]

Thank you for your willingness to share the good that God is expressing through you. Thank you for supporting the spiritual intent of Rally/Retreat in your contribution to Spirit Share. There will be a meeting for all performers on Saturday afternoon to take care of the final planning and organizing. Please, be sure to attend this meeting, if you have registered.

Spirit Share has 20 slots of 3 minutes each [allowing time for introductions and stage set ups/take downs].

Time slots are assigned on a first come, first served basis.

Lyrics of songs / words in poems MUST be submitted to participate.

All performers need to be at this meeting to take care of the final planning and organizing.

CHAPTER REGISTRATION FORM

On April 12 – 14, we are planning to attend the Northwest Region Youth of Unity Rally 2018. We signed the heart agreements and agree to abide by them.

Chapter _____

	Designate: M/F	Age or Sponsor	Diet needs Vegetarian?	last timer?	T-shirt size
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Name _____

Mail 1 check for chapter, adult background checks, plus Medical Liability Release forms with Heart Agreement / photo/video release forms to:

\$190 each
\$170 each by 3/28

Jackie Green
Northwest Region YOU Consultant
7710 E Beverly, Spokane Valley, WA 99212

ADULT AND TEEN Group Heart Agreements

To ensure the ultimate experience for all and as a participant attending this event, I agree that traveling to & from and during the event.

*to respect all present, and take reasonable care of the facility and myself.

*to look for the highest good in all people and situations, and find ways I can both give and receive to make this event a unique and meaningful experience. I will show loving support and gratitude for all YOUer's, facilitators, speakers and staff. I will not be part of character assassinations, pranks, put-downs or judgments of others or myself. Nor will I offend or degrade others with my language, jokes or music.

*to be open to, and fully present for the experience. I will attend required activities on time, give my focus during activities, and stay in designated areas. I am committed to arriving by the designated time for check-in for this event and stay through the posted closing time. From my arrival until closing of the event, I will not operate or ride in a vehicle except with Event Coordinator approval.

*to not disrupt the experience of others, and quietly seek a sponsor for personal attention, if I have difficulty focusing during any activities.

*to honor lights out and quiet time. To not share bunks or showers
*to remain in the family, space, room, bed to which you are assigned.

*to not wear clothing that is offensive, disrespectful, or that promotes illegal activity

*to stay present at this event by not communicating with the outside world thru text, calling or social networks. Electronic devices remain in airplane mode. *[For exceptions or emergencies see Jackie / NW Y.O.U. Consultant]* Electronics are not meant to take away from your personal spiritual experience, so be conscious of their use.

*to not use this event or my NW Y.O.U. connections to promote, encourage, facilitate, conceal or arrange participation in illegal or inappropriate activities – including but not limited to use of possession of alcohol, tobacco, illegal drugs or other restricted substances. If I may have difficulties abstaining from restricted activities or substances, I understand it is my responsibility to discuss support needs with my Sponsor(s) and Event Staff.

*to maintain a positive, spiritual intention in all of my personal relationships. I will not engage in sexual activities, unwanted physical contact, or public displays of affection which cause others present to feel uncomfortable. Recognizing that others have different comfort zones, experiences and triggers with sensitive areas (such as sexuality, body image, family backgrounds, coping mechanisms, etc), I will save discussions about topics that cause others to feel uncomfortable for deeper private or group sharing or processing settings.

*to support the consciousness of this event, I agree to uphold these agreements throughout my entire experience – from my travel to registration, through travel home after closing of the event.

I have read these agreements developed by the Y.O.U. I am responsible for my own choices and behavior. If my conduct is detrimental to the spirit or intent of this event, or unsafe to others or myself I can be sent home at my own or parents' expense.

I also understand that this agreement applies for any other Y.O.U. event that I attend within a year of this date.

All attending Y.O.U. events must sign these agreements. Talk about them together as a group.

(Note that if one member of a chapter breaks an agreement the entire group may have to leave as they are traveling together)

Photography Release: I hereby grant the Church, Region, Association and its representatives permission to use, without compensation or restriction, photos and videos with participants names (from local and regional Unity events) in which the participant appears, in any manner whatsoever such as, but not limited to: publication, display, advertising, slide show, facebook, website, etc.

Confidentiality: I understand that information on this form will only be shared, as needed, with group leaders, church staff and medical professionals to safeguard and support the participant. This information will not be publicly disseminated or released to any outside organization. However, since it is common practice for the Church (or Region) to publish a participant's contact information on the group's roster if they actively participate in the group (or attend a regional event), I authorize the Church (and Region) to publish such information on a local (or event) roster EXCEPT for the following *(please specify):* _____

Limit of Consent: The consent outlined in this Medical/Liability Release, concerning my child's participation in Youth Ministry activities, expires next **September 1** (or earlier, if listed here: _____). **It is my responsibility to notify the group leaders or minister if any information changes or I decide to withhold consent.**

Participant's Church/Chapter _____

Print Name of Participant _____ Signature of Participant _____

If YOUer [regardless of age]: Print Name of Parent/Guardian _____

Parent /Guardian Signature _____ Date _____

Minister's Signature _____ Date _____

***Adult and Teen* MEDICAL/LIABILITY RELEASE**

FOR ACTIVITIES SPONSORED BY THE NORTHWEST REGION UNITY & LOCAL UNITY CHURCH

Complete form in INK. Form can be kept on file until following September 1, but must be UPDATED if any information changes. Copy of form is to be sent with registration to regional events, Copy of form is to be carried with participant to every event.

UNITY CHURCH: _____

Name of Participant: _____ Birth Date: ___ / ___ / ___ Grade: ___

Email: _____

Name of Parent / Guardian, if *YOUer* _____ Relationship: _____

Address _____ City, State: _____ Zip: _____

Home Phone (____) _____ other numbers to use (____) _____ (____) _____

Emergency contact(s): Name _____ Telephone (____) _____

As legal guardian of the above-named participant, I give my permission for him/her to travel and participate in Youth of Unity activities. I am familiar with and approve the mode of transportation, the leadership accompanying the group and other circumstances of the trip.

I certify that the above-named participant is in good health and able to participate in all activities: ___ YES ___ NO *If NO, specify limits of participation:*

I certify that the participant's behavior allows for cooperative participation in various camp settings without disruption to others or compromising their safety or the safety of others ___ YES ___ NO

Is the minor under health care guidance for: ___ Allergy ___ ,Epilepsy ___ Diabetes ___ Asthma ___ Counseling ___ ADHD/ADD
Does this participant have special needs that we should be aware of to make this retreat experience positive?

Are there any life circumstances that sharing with adult leaders will support them in supporting this participant? _____

Does this participant have an IEP in place? ___ If there is, please send a copy with the application so we can make sure we can meet all of the needs.
Other condition or special care needs? _____ Sleep needs? _____

Allergic to any food or medication? ___ YES ___ NO *(If YES, specify: _____)*

Current Medication _____ Date of last Tetanus shot _____
Group leaders must be informed of any prescription medication brought by youth, with clear information as to proper use and dosage. If medication is "as needed", this participant must understand the symptoms of their condition and know when to ask for help.

Family Physician (*name & phone number*): _____

Medical Insurance (*company & policy number*): _____
Phone # to verify coverage or submit claim: _____ *Policyholder's name:* _____

About Insurance Cards – It Could Be Important!

A hospital may require a Social Security number and/or insurance card as proof of insurance) before treatment or admittance. You should make sure the participant carries that information to events, or you can provide that information here: SS# _____ - _____ - _____ or **attach copies (front and back) of insurance card to this form.**

As the above-named participant (or legal guardian if the participant is a minor under the age of 18), I hereby attest that I have read this complete document; all information provided is complete and true; I have legal standing to make decisions which affect the rights of the above named participant; and I understand and consent to all terms outlined in this document. I hereby voluntarily and knowingly assume all risks and dangers inherent and incidental to Youth Ministry activities and travel understanding that some activities may pose a risk of injury. I will not hold liable the Church, or the Association of Unity Churches (Association) or the Northwest Region of the Association (Region), their employees, agents and event/youth group leaders for any injury, illness or property damage involving the above-named participant no matter how caused. Whenever deemed necessary by group leaders, I authorize the calling of a doctor and/or the providing of other medical services and, unless covered by insurance, agree to pay for same. If the above-named participant is incapacitated or under age 18, I do hereby authorize group leaders as agent for the undersigned, to consent with respect to such participant to any x-ray examination, anesthetic, medical, dental or surgical diagnosis or treatment, and hospital care which is deemed advisable by a state-licensed physician or surgeon.

Signature of Adult Participant *or Parent / Guardian of YOUer of any age* _____ Date _____

***** SIGNATURE MUST BE WITNESSED BY CHURCH STAFF OR TRUSTEE or notarized *****

Witnessed by: _____ *Signature* _____ *Print Name* _____ *Date* _____

Northwest Region Y.O.U. Sponsor Agreements

FOR ADULTS PARTICIPATING IN YOUTH MINISTRY

1. I prepare myself through prayer, meditation, contemplation and reflection.
2. I dedicate and consecrate myself to expressing the living Christ and honoring the Christ expression in others. I look to the indwelling Christ for inspiration to guide, govern, and prosper me and to behold the divinity in all people and situations.
1. I, as a Youth of Unity sponsor, dedicate myself to the principles of Truth as taught and exemplified by Jesus Christ, and interpreted by Unity School of Christianity and the Association of Unity Churches.
2. I teach Unity Truth teachings and help teens understand their own beliefs. I prepare for all lessons and activities. I prepare Y.O.U.ers for events by helping them to understand what the event is about, how it functions, the importance of agreements, and helping them clarify their own personal and spiritual growth expectations. *I am honest with students, and let them know that my beliefs come from my own spiritual awareness. I make sure they understand I am not telling them what to think.*
3. I adhere to all Northwest Region policies, event agreements and state laws. I work in harmony with the Region's event leaders, fellow sponsors and minister(s). Should I disagree with their plans or leadership style, I address the issue directly with them. *I promptly discuss any agreement violation, medical situation or concerns about a fellow sponsor's decision or conduct with the Regional Consultant.*
4. I hold sacred my role as sponsor and agree not to assume the role of professional counselor. I am not involved in Y.O.U. to be "one of them", to be seen as a parent or 'fix' anyone. Nor do I use Y.O.U. as my support group, but seek out a minister or my peers for advice and counseling on personal matters. I realize that my highest role is to pray with, support, and encourage Y.O.U.ers to live to their Christ potential. I create an atmosphere of love, safety, and support.
5. I respect and hold sacred all participants' expectation of confidentiality when sharing, and inform them in advance of my one obligation to report any threat of harm to oneself or to others. I discuss any suspicion of abuse or suicidal tendencies immediately with the Regional Consultant &/or minister.
6. My behavior sets the highest example, not compromising the integrity of the Y.O.U. experience in any way. Specifically in my role as Sponsor:
 - *My words and expressions honor the Christ in all people. I do not tell jokes or speak words that contain sexual innuendoes or dishonor any race or ethnic group. Nor do I discuss my sexual activity or experiences.*
 - *I use my role to be an encourager and supporter. I do not engage in put-downs or in any physical, mental, emotional or sexual harassment.*
 - *I do not prolong hugs, return or initiate a kiss.*
 - *I do not touch anyone in a sexual manner, including, but not limited to, the genitals, breasts or buttocks (which includes not allowing a teen to sit on my lap).*
 - *I am not with teens or adults in any compromising location or situation.*
 - *I exercise good judgment in regard to my relationships as to invite only the highest respect.*
 - *I do not use, illegal substances, alcohol or tobacco.*
 - *I truthfully, accurately, and in a timely manner complete all forms and requirements for events.*
 - *I lead by example by actively participating in all scheduled activities.*

I recognize, honor and accept the value of Unity Worldwide Ministries, Youth of Unity and these agreements. I will to the best of my ability, uphold the Youth of Unity's values, mission, vision and goals in service to this ministry. I will contact the Consultant if I am unclear about an agreement or its application to a particular situation.

Signature: _____ Print Name: _____ Date: _____

I certify that this adult demonstrates these agreements, and is unconditionally approved and sponsored by this ministry to participate in Northwest Region events as an adult sponsor. **I further certify that a current background check is on file in our church that confirms this individual has no felony convictions for violence or abuse.** I understand it is our ministry's responsibility to notify the Regional Consultant should our ministry decide to modify or withdraw this affirmation of our support.

Signature of Minister/YED: _____ Date: _____ [Rev.'10]

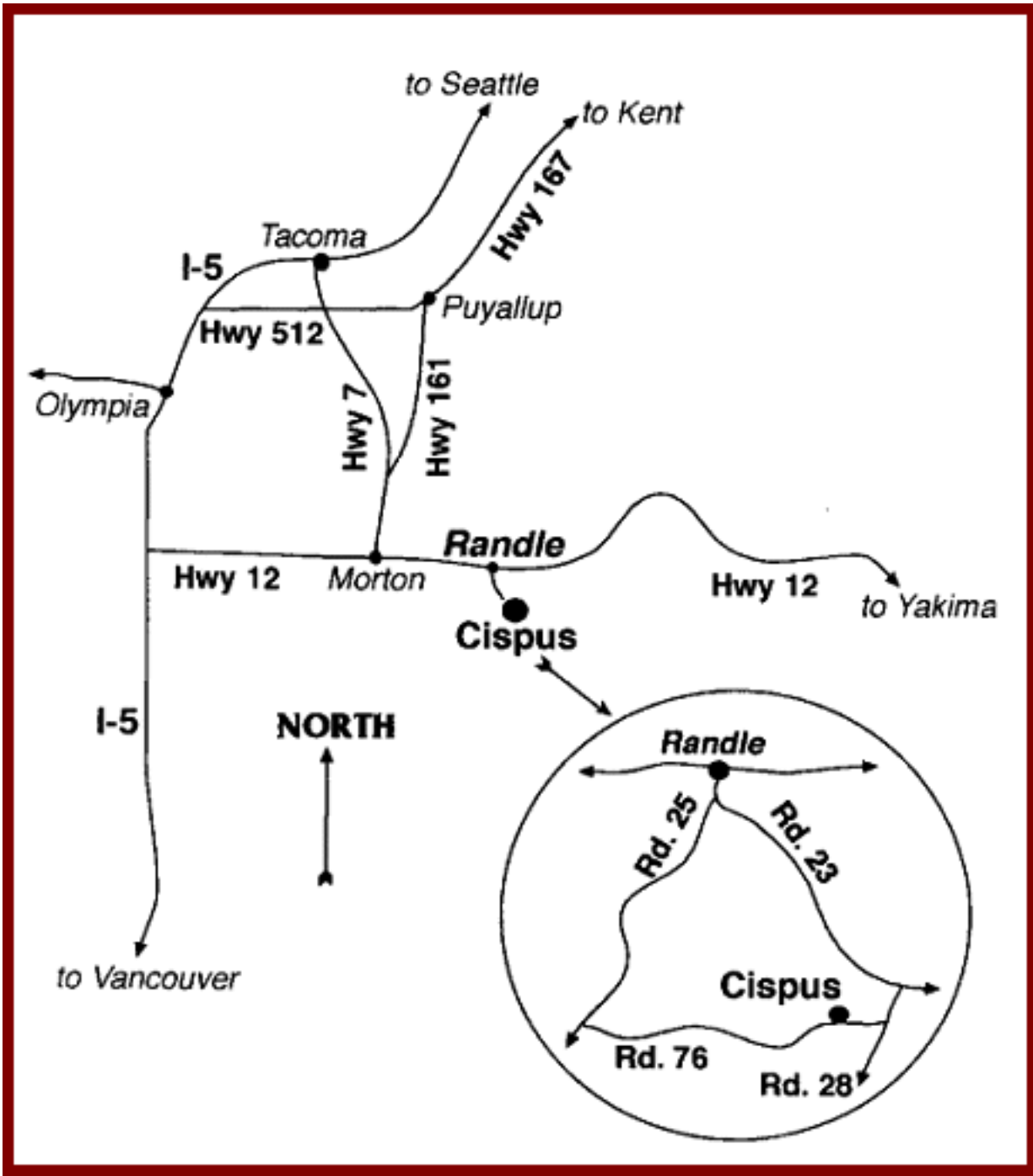
NW Unity Travel / Driving Policy

1. Sponsors or designee of Sponsor/Minister/Board must accompany a Chapter/Youth Group to Regional, Inter-regional,/ Sub-regional activities, or Church Sponsored activities.
2. All participants are encouraged and expected to travel with Sponsor and Group to events.
3. YOUTH MINISTRY events are Y.O.U. International Conference, Regional Rally, Regional Retreat, Regional Rendezvous, Counselor's Training, Kid's Camp, UNITREAT, Sub-regional Functions, and Local Chapter Functions. ***Regular meetings are excluded unless a special event is planned that involves leaving the Church in which case travel policy's apply.**
4. Each car traveling to a designated activity must have an Minister/Board/Sponsor approved adult driver, 21 years of age or older.
5. Designated drivers must have a valid driver's license and at least 1 year driving experience.
6. Designated drivers must have adequate effective insurance coverage on car and occupants.
7. Cars transporting Youth will have adequate working seatbelts for driver and all passengers.
8. Designated drivers — current driving record must be free of traffic violations/tickets.
9. The driver will be required to caravan with the rest of the group unless prior permission from Sponsor/Minster has been given.
10. Only the designated driver will be allowed to drive. No substitute drivers will be allowed. (Emergency situations will be considered as the need arises. i.e. Designated driver too ill to operate vehicle, but all other conditions must be met, and this would be rare.)
11. A current/notarized Medical/Liability Release Form must be in the possession of the Driver for **all** occupants of the car.
12. All Driver's and Rider's have read and signed the **Group Heart Agreements.**
13. The above Driving Policy Agreement must be signed and kept on record by Minister.
14. Parent's must be informed of the designated driver.
15. Minister/Board/must be informed of who's driving and who's riding in each car.

I understand the responsibility involved in agreeing to be a driver for this function. I will abide by the NW Unity Driving Policy.

Driver's Name _____ Event _____

Minister _____ Date-Leaving _____ Date-Returning _____



RALLY LOCATION

Cispus Center is 11 miles South of Randle, WA 98377

- go south at intersection with gas station / stores
after very short distance
- go left at Y after bridge (Road 23)
- follow signs; right turns