



Unity EarthCare Northwest

We declare our covenant with God to walk upon Earth for the greatest good of all creation.

*Good people,
Most royal greening verdancy,
Rooted to the sun,
You shine with radiant light.
In this circle of earthly existence
You shine so finely
It surpasses understanding.
God hugs you.
You are encircled by the arms
Of the mystery of God.
—Hildegarde of Bingen*

Youth and EarthCare – A “Natural” Connection!

“Children are our future,” but they don’t have to wait—they can care for Earth right now! Here are just a few ideas for inviting youth & families to be stewards of our planet home.

“Healthy Children, Healthy Planet”: This seven-week discussion guide suggests ways to foster a healthy lifestyle, such as creating family celebrations, cooking “slow meals” at home, and exercising regularly out-of-doors. Caring for our bodies is good for the planet too! Go to www.nwei.org to order.

Earth Celebrations for Youth: Based on the Waldorf School curriculum, Unity of Bozeman hosts special celebrations for children and families each year. Go to the EarthCare page on www.unitynwregion.org, and view our “four elements” services (under Resources) for ideas.

Gardening with Youth: Invite youth to plant trees for Arbor Day, or create a community garden on church grounds. This past summer, Y.O.U. conference attendees volunteered at Unity Village’s community gardens; to see photos and more, go to www.gardensatunity.org/you.html.

“Children & Nature Network”: Recent research has found that children who regularly play in nature are healthier and less prone to obesity and stress-related disorders. For a list of suggested activities, go to www.childrenandnature.com.

Unity Principle #4 – “Befriending Silence”

Continuing our series on Unity’s five basic principles, our version of the fourth principle is:

*Through affirmative prayer & meditation,
separation from Creation is dissolved and
Unity of Divine Mind is affirmed.*

Mother Teresa said, “God is the friend of the silence. The trees, flowers, and grass grow in silence. See the stars, the moon, the sun, and how they move in silence.”

There is deep mystery in the workings of Earth and all Creation. In the silence of prayer and meditation, we touch upon that mystery, moving beyond thought and word to feeling our Oneness with all that is.

Charles Fillmore attributed the growth of Unity’s work to prayer, saying, “From the very beginning everyone connected with Unity was asked to make prayer the keynote of every act.” Prayer first, action second; for only from this deep place of connection can we take action that is inspired and fruitful. Through affirmative prayer and meditation, we dissolve our crystallized thoughts of separation and experience God’s love for all. In this place of Knowing, spiritual law is set in motion.

—Robin Haruna



Hanging prayer ribbons at Unity of Bozeman